

NFHS Traditional Designated Hitter and the Player/Designated Hitter Rule

A DH or a Player DH must be declared on the lineup card during the pregame conference. It cannot be added once the game starts.

Traditional DH (NFHS Rule 3-1-4-a)

Player #	Name	Position
14	Abel	SS
3	Baker	2B
18	Calvin	P
26	Henry	DH
5	Edwards	3B
9	Franklin	C
28	George	LF
22	Harris	RF
2	Isaac	CF
13	Douglas	1B

Player/DH (NFHS Rule 3-1-4-b)

Player #	Name	Position
14	Abel	SS
3	Baker	2B
18	Calvin	P/DH
13	Douglas	1B
5	Edwards	3B
9	Franklin	C
28	George	LF
22	Harris	RF
2	Isaac	CF

1. The DH can bat for ANY player and bat anywhere in the batting order.
2. A substitute can replace the DH and becomes the new DH.
3. The DH is a starter and may reenter the game one time.
4. The DH and the player they are batting for are locked in the batting order.
Example: Henry may only hit in the 4th spot. Any future DH may only hit in the 4th spot and Douglas may only hit in the 4th spot.
5. If the DH plays on defense the DH role is done for the game and the lineup reverts to 9 players.
6. If the player being DH'ed for enters on offense (bats or pinch runs) the DH role is done for the game.

1. The Player/DH may be used for ANY position, not just a pitcher.
2. A substitute may replace the player on defense, and the starter would remain as the DH. This changes the lineup to 10 players.
3. If replaced on defense, the original player/DH may reenter once.
4. The Player/DH may change defensive positions.
5. In the case of a Pitcher/DH or Catcher/DH they may not have a courtesy runner. They are the DH while on offense.
6. The DH role is terminated by either of two actions:
 - a. The starting Player/DH is substituted for while on offense.
 - b. A defensive substitute or former substitute for the starting Player/DH plays any role on offense.