

Charlotte-Mecklenburg Schools
MIDDLE SCHOOL ATHLETICS 2022-23



BASEBALL RULES

DATES:

- First Practice: **MONDAY, FEBRUARY 13, 2023**
- First Contest: **MONDAY, MARCH 13, 2023**
Daylight Savings Times Begins Sunday, Mar 12, 2023
- Last Game: **WEDNESDAY, MAY 3, 2023**
Inclement Weather Date: (if CMS system-wide) – Monday, May 8

NUMBER OF CONTESTS:

- Maximum number of contests-14
- Play each school in the league twice
- No scrimmages
- No league playoffs or league championships

PRACTICE TIMES:

- Prior to regular season: 2 hours
- After season begins: 1½ hours

LENGTH OF CONTESTS:

- 7 innings
- ALL GAMES 2HR DROP DEAD TIME LIMIT
- 10 run rule applies at the end of the 5th inning
- Must call game at dark, at the end of an inning closest to dark
- No lights

SPECIAL REQUIREMENTS:

- Full Participation-each student-athlete must participate in the game
- Source of rules is the National Federation of State High School Athletic Associations, modified for middle school
- Bat Size: *See attached baseball bat regulations*
- Cleats are allowed
- Some games may only have 1 umpire.(due to shortage of officials)
- Start time is 5:00pm
- No player may pitch more than **7 innings in one game** and no more than **10 innings in a week** (Monday-Friday)
- **Violation of the pitching limitation rule** is the use of an ineligible player and **penalty is a forfeiture of the game**
- One pitch constitutes an inning