

NFHS vs NCHSAA Rules Differences

- 4.2.1 (i)(3) Coaches must wear a skull cap style helmet or NOCSAE certified helmet when coaching in the coach's box during games. (No NFHS Rule)
- 4.2.1 (j) Ten-Run Rule - The ten-run rule has been adopted by the NCHSAA for baseball; if a team is ahead by 10 runs after five complete innings, the game is terminated. (NFHS 4-2-2)
- 4.2.1 (k) Time Limit - In junior varsity baseball contests part of a JV/Varsity doubleheader, no new inning may begin after two hours of elapsed time. (No NFHS Rule)
- 4.2.1 (m) (3) Doubleheaders-By mutual agreement, two member schools may agree to play two five (5) inning games in a doubleheader. (No NFHS Rule)
- 4.2.1 (n) Suspended Games - North Carolina has adopted the suspended game rule, mandatory in all regular season and state playoff games. A game called for any reason, where a winner cannot be determined will be treated as a suspended game. (NFHS 4-3-1)
- For infractions other than those listed below, any other violation that is listed in the NFHS rule book as an ejection is a disqualification.

- 3.3.7 Sportsmanship/Ejection Policy - This policy applies to all persons involved in an athletic contest, including student-athletes, coaches, managers and game administrators. The following examples include behavior or conduct which will result in an ejection from a contest:
 - (a) Fighting,
 - (b) Leaving the bench area - coming on to the playing area without authorization.
 - (c) Flagrant contact, which includes, but is not limited to, combative acts such as:
 - (1) Maliciously running over the catcher/fielder without attempt to avoid contact
 - (d) Biting observed or determined by an official.
 - (e) Taunting, bat-flipping, baiting or spitting toward an opponent or official.
 - (f) Profanity, inappropriate language, racial/ethnic slurs, sexist, or homophobic language.
 - (g) Obscene gestures, including gesturing in such a manner as to intimidate or instigate.
 - (h) Disrespectfully addressing an official (physically contacting an official is subject to automatic expulsion and can result in **ineligibility for remainder of career**); or,
 - (i) Use of tobacco products, alcoholic beverages, or other controlled substances.

- Communication devices (one way) are permitted for the pitcher **and** catcher. (NFHS 1-6-2)
- A written warning to the Head Coach is not an automatic restriction to the bench. (NFHS Rule 3-3-1 Penalty)
- The Head Coach is not restricted because of the actions of an Assistant Coach. (NFHS Rule 3-3-1 Penalty)
- Eye Black-limited to 1 horizontal stripe, 1 finger wide. (No NFHS Rule)
- Double first bases are not permitted. (NFHS Rule 1-2-9)

