

# CUA UMPIRE TRAINING SCHEDULE-2026

## Week 1 (January 4)-Registration

- Welcome and Introductions
  - Gary & Jim
- Website-  
[www.carolinasumpireassociation.com](http://www.carolinasumpireassociation.com)
- New Umpire Checklist ([Website](#))
- CUA Umpire Protocol ([Website](#))
- DragonFly/NCHSAA Registration
- Center for Officials Services App
  - Team Reach
- CUA Health Information Form ([Website](#))
- Game Fees ([Website](#))
- Uniforms ([Video](#))
  - Shirts & Hats ([Website](#))
  - Equipment ([Website](#))
- Training Manual Distribution

## Week 2 (January 11)-Game Administration

- Before the game
  - Accepting games
  - Contact your Partner
  - Parking location
  - Arrival time and game time
  - Vehicle (make, model, color)
  - Shirt color
- Pregame
  - Umpire Pregame Meeting ([Website](#))
  - Plate Conference ([Website/Video](#))
- Position during Non-Game Action
  - Plate Umpire
  - Base Umpire
- Line up Cards ([Video](#))
  - Substitutions ([Video](#))
  - Player/DH ([Video](#))
  - Courtesy Runners ([Video](#))
  - Charged Conferences
    - Defense
    - Offense
  - Batting out of order ([Video](#))
- Pace of Play Protocol ([Website](#))

- Mound Visits ([Video](#))
- Thunder/Lightning Delays ([Website](#))

## Week 3 (January 18)-Game Management

- Getting Help ([Video](#))
- Coaches Appeal Protocol ([Website](#))
- Participant Discipline ([Video I](#)) ([Video II](#))
  - Acknowledge, Warn, Restrict, Disqualify
  - Warnings (Verbal/Written)
  - Restriction (HC only)
  - Disqualification vs Ejection
  - NCHSAA Ejection Criteria
- Bench Jockeying
- Spectator Removal
- Post Game Reports
  - Game Event Reporting ([Website](#))

- Misconduct Table ([Website](#))
- DQ's and Ejections ([Website](#))

## Week 4 (January 25)-Base Umpire

- Positioning
  - A (no runners on)
  - B (R1 or R1 & R3)
  - C (R2 or R3) & deep C
- Pause-Read-React
- Angle vs Distance
- The Pivot
- Pick offs
- Steals
  - 2<sup>nd</sup> base
  - 3<sup>rd</sup> base
- Double plays
- The Working Area
  - Chest to the Ball
- BU Signals
  - Out/Safe
  - Off the Base
  - On the transfer
  - Awarding Bases

# CUA UMPIRE TRAINING SCHEDULE-2026

## Week 5 (February 1)-Plate Umpire

- Box Stance ([Video](#))
- The Slot ([Video](#))
- Clearing the Catcher
- Pop up mechanics
- Plays at the plate ([Video](#))
  - Obstruction ([Video](#))
  - Malicious Contact ([Video](#))
- Batters Interference ([Video](#))
- Handling the mask & indicator
- PU Signals
  - Do not pitch
  - Time
  - Play
  - Strike
  - Foul tip ([Video](#))
  - Uncaught Strike 3
  - Giving the count

## Week 6 February 8-Crew Signals and Communications

- Pre-pitch signals
  - Rotations
  - IF Fly
  - Staying home
  - Same rotation
  - Time Play
  - What's the count
- Play signals
  - Fair/Foul
  - Catch/No Catch
  - Check Swing-appeal & response
  - Balk
  - Obstruction/Interference
  - That's nothing
  - I have Information
  - My Call/Your Call
- Verbal Communications

## Week 7 (February 15)-Crew Coverages and Rotations-On Field

- Taking plays at 1<sup>st</sup> base
- Coverages & Rotations
  - BU in A
    - Fair/Foul
    - IF Catch/No Catch
    - OF Catch/No Catch
    - BU goes out
  - BU in B/C
    - Fair/Foul
    - IF Catch/No Catch
    - OF Catch/No Catch
    - Double Play
  - Straight Rotation
    - Review pre pitch signal
  - Double Tag Rotation
    - Review pre pitch signal
- Rundowns
- Timing Plays ([Video](#))

### Additional Training

- Infield Fly ([Video](#))
- Runners Lane Interference ([Video](#))
- Overthrows ([Video](#))
- Intentional Drops ([Video](#))
- Appeal Plays ([Video](#))
- Missed Bases ([Video](#))