

CUA UMPIRE TRAINING SCHEDULE-2026

Week 1 (January 4)-Registration

- Welcome and Introductions
 - Gary & Jim
- Website-
www.carolinasumpireassociation.com
- New Umpire Checklist ([Website](#))
- CUA Umpire Protocol ([Website](#))
- DragonFly/NCHSAA Registration
- Center for Officials Services App
 - Team Reach
- CUA Health Information Form ([Website](#))
- Game Fees ([Website](#))
- Uniforms ([Video](#))
 - Shirts & Hats ([Website](#))
 - Equipment ([Website](#))
- Training Manual Distribution

Week 2 (January 11)-Game Administration

- Before the game
 - Accepting games
 - Contact your Partner
 - Parking location
 - Arrival time and game time
 - Vehicle (make, model, color)
 - Shirt color
- Pregame
 - Umpire Pregame Meeting ([Website](#))
 - Plate Conference ([Website/Video](#))
- Position during Non-Game Action
 - Plate Umpire
 - Base Umpire
- Line up Cards ([Video](#))
 - Substitutions ([Video](#))
 - Player/DH ([Video](#))
 - Courtesy Runners ([Video](#))
 - Charged Conferences
 - Defense
 - Offense
 - Batting out of order ([Video](#))
- Pace of Play Protocol ([Website](#))

- Mound Visits ([Video](#))
- Thunder/Lightning Delays ([Website](#))

Week 3 (January 18)-Game Management

- Getting Help ([Video](#))
- Coaches Appeal Protocol ([Website](#))
- Participant Discipline ([Video I](#)) ([Video II](#))
 - Acknowledge, Warn, Restrict, Disqualify
 - Warnings (Verbal/Written)
 - Restriction (HC only)
 - Disqualification vs Ejection
 - NCHSAA Ejection Criteria
- Bench Jockeying
- Spectator Removal
- Post Game Reports
 - Game Event Reporting ([Website](#))
- Misconduct Table ([Website](#))
- DQ's and Ejections ([Website](#))

Week 4 (January 25)-Base Umpire

- Positioning
 - A (no runners on)
 - B (R1 or R1 & R3)
 - C (R2 or R3) & deep C
- Pause-Read-React
- Angle vs Distance
- The Pivot
- Pick offs
- Steals
 - 2nd base
 - 3rd base
- Double plays
- The Working Area
 - Chest to the Ball
- BU Signals
 - Out/Safe
 - Off the Base
 - On the transfer
 - Awarding Bases

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Week 5 (February 1)-Plate Umpire

- Box Stance ([Video](#))
- The Slot ([Video](#))
- Clearing the Catcher
- Pop up mechanics
- Plays at the plate ([Video](#))
 - Obstruction ([Video](#))
 - Malicious Contact ([Video](#))
- Batters Interference ([Video](#))
- Handling the mask & indicator
- PU Signals
 - Do not pitch
 - Time
 - Play
 - Strike
 - Foul tip ([Video](#))
 - Uncaught Strike 3
 - Giving the count

Week 6 February 8-Crew Signals and Communications

- Pre-pitch signals
 - Rotations
 - IF Fly
 - Staying home
 - Same rotation
 - Time Play
 - What's the count
- Play signals
 - Fair/Foul
 - Catch/No Catch
 - Check Swing-appeal & response
 - Balk
 - Obstruction/Interference
 - That's nothing
 - I have Information
 - My Call/Your Call
 - Verbal Communications

Week 7 (February 15)-Crew Coverages and Rotations-On Field

- Taking plays at 1st base
- Coverages & Rotations
 - BU in A
 - Fair/Foul
 - IF Catch/No Catch
 - OF Catch/No Catch
 - BU goes out
 - BU in B/C
 - Fair/Foul
 - IF Catch/No Catch
 - OF Catch/No Catch
 - Double Play
 - Straight Rotation
 - Review pre pitch signal
 - Double Tag Rotation
 - Review pre pitch signal
- Rundowns
- Timing Plays ([Video](#))

Additional Training

- Infield Fly ([Video](#))
- Runners Lane Interference ([Video](#))
- Overthrows ([Video](#))
- Intentional Drops ([Video](#))
- Appeal Plays ([Video](#))
- Missed Bases ([Video](#))