

# Steps for taking the NFHS Concussion Test

1. Follow the link on the CUA website and select “North Carolina” as the State.



## Description

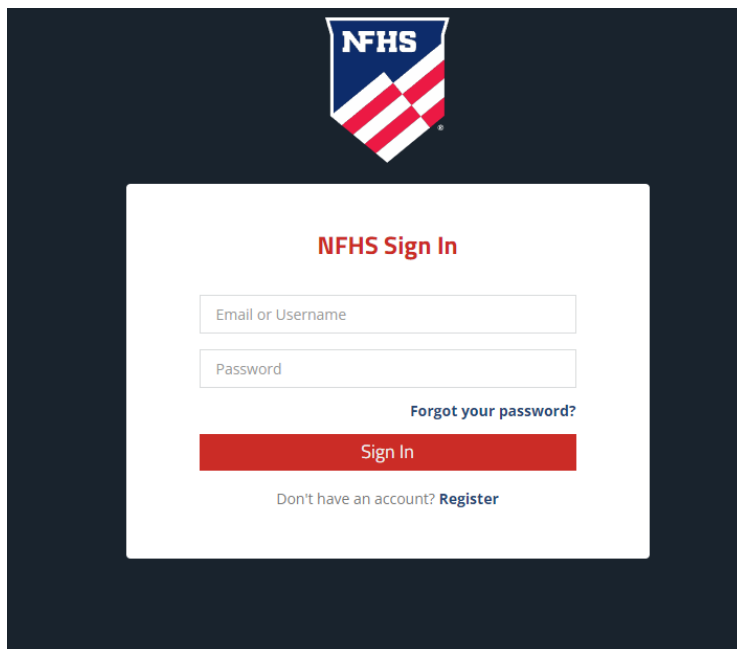
The NFHS has teamed up with the Centers for Disease Control and Prevention (CDC) to educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports. This course highlights the impact of sports-related concussion on athletes, teaches how to recognize a suspected concussion, and provides protocols to manage a suspected concussion with steps to help players return to play safely after a concussion. Each state's requirements for concussion management are included as part of the course.

A Spanish track is also available for this course.

### This Course Includes

- ✓ Approved for 1 Clock Hour
- ✓ Certificate of Completion
- ✓ Additional Resources

2. Sign in to the NFHS portal with your username or email and password. This should be the same username or email and password that you used to sign up with the NCHSAA and DragonFly.



### 3. Select "Order Course"

The screenshot shows the course page for 'Concussion Recognition and Management'. At the top, there is a blue banner with the text 'Now available in Spanish!'. Below the banner, there are tabs for 'Description', 'Course Outline', and 'FAQs'. A dropdown menu is set to 'North Carolina', and the 'Order Course' button is highlighted with a yellow circle. The 'Description' section contains text about the course being developed by the NFHS and CDC, and a note that a Spanish track is also available. To the right, a box titled 'This Course Includes' lists three items: 'Approved for 1 Clock Hour', 'Certificate of Completion', and 'Additional Resources', each with a checkmark icon.

Now available in Spanish!

Description Course Outline FAQs

North Carolina

Order Course

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### 4. Select option to take this course

The screenshot shows a confirmation dialog box with a close button (X) in the top right corner. The text inside the dialog reads: 'You already have this course.' followed by the question 'Who will be completing this course(s)?' in red. There are two radio button options: 'I will be completing this course' (which is selected) and 'I will be sending this course(s) to others'. At the bottom, there are two buttons: 'Continue' (in blue) and 'Cancel' (in gray).

You already have this course.

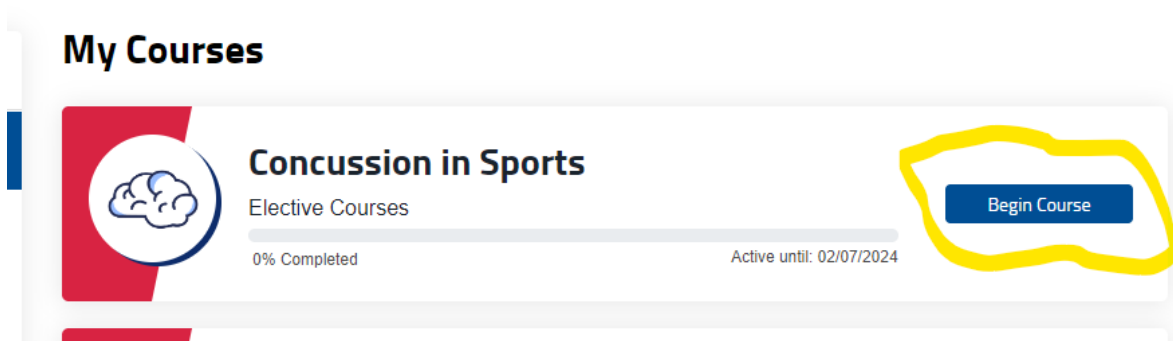
**Who will be completing this course(s)?**

☒ I will be completing this course

☐ I will be sending this course(s) to others

Continue Cancel

5. The course will appear in your “My Courses” portal. Select “Begin Course”



6. At the completion of the course, select the email icon and send the completion notice to Gary Swanson at [gary\\_swanson@hotmail.com](mailto:gary_swanson@hotmail.com). If you choose, you can print a copy at this time. Records of course completions are available on your NFHS portal at anytime by going to [NFHS Learn | Interscholastic Education, Made Easy](#) and signing in and going to “My Certificates”.